



High Andes Cloud Forest Adventure

- 12 Days, with 5 Day Llama Trek
- Remote Mountain area
- Cultural Exchange
- Llama trek
- Mountain bike Option
- Machu Picchu

This trip is a guide favorite. We'll hike deep into the Andes, and get a closer glimpse of the real Peruvian countryside. This is another premium trek, using the best local guides, cooks and porters. You will experience the spectacular Andes up close, visit the best historical sites in Peru, including Machu Picchu, and get to know the local people. There are soothing hot springs, fantastic food, and natural and historical wonders of a lifetime.

General itinerary (subject to modifications):

Day 1: Arrive Cusco, relax or take a two to three hour hike to the hills outside of town.

Day 2 Cusco: Free morning in Cusco, Peru's fourth largest city, a time for you to explore the attractions of this lovely city on your own. An afternoon sightseeing tour taking in the colonial churches, then visiting the Incan sites just outside the city; Sacsayhuaman, Qenqo, Pucapucara and Tambomachay.

Day 3: (Trekking) After an early breakfast, Our private van takes us across the high pampa to the village of Mollepata (2,700m) where we collect our pack animals and start a gentle hiking ascent to Soraypampa (3,750m) and our first campsite.

Day 4: (Trekking) Trek to Soray / Huayracmachay. This is a four hour ascent of nearly 1,000 meters to Abra Humantay Pass (4,550m). We'll be walking in the shadow of Mt. Humantay (5,900m) and Apu Salkantay (6,271m), one of the two most sacred mountains in the Andes. After admiring some stunning scenery we descend to Huayracmachay (3,750m), our second camp.

Day 5: (Trekking) This is an easier day, descending all the way to Wiñaypoco (2,500m). We'll stop at Collpapampa, a confluence of two rivers; here we have the option of a soak in the natural thermal springs. From this point you are in a high jungle (cloud forest) environment with the accompanying flora and fauna.

Day 6: (Trekking) Trek to Winaypoco/Llactapata via Abra Aobamba Pass (2,800m) a difficult climb which bypasses Santa Teresa on a **newly opened, seldom seen, Inca trail**. The descent is short and we'll camp just below the pass.

Day 7: (Trekking) Trek to Llactapata / Aguas Calientes, A two hour descent takes us to the Hydroelectric station (1,850m) on the Urubamba River. Here we'll cross a water diversion channel by means of a suspended bridge. Then

we'll catch the train to Aguas Calientes and the luxury of a hotel and restaurants.

Day 8. Machu Picchu: The bus takes you to Machu Picchu at 6am. Here in the Lost City of the Inca you experience the magical sunrise. There is a full guided tour and time to explore on your own.

Day 9: Aguas Calientes/Machu Picchu: We can return to Machu Picchu to climb Huaynapicchu, or there are a couple of local hikes not done by many tourists. Plenty of time to explore or relax in this interesting village. We then return to Ollantaytambo by train. Overnight in a lovely Ollantaytambo hotel

Day 10: This begins a daylong journey back to Cusco, visiting the Salt Mines at Moras, the ruins of Ollantay and Pisac. We'll also have a chance to see the famous ceramic studios of Pablo Seminario. Return to Cusco hostel.

Day 11: Your choice of a mountain bike trip, or rafting the Urubamba River. Or you may just want stay in Cuzco to souvenir shop, sight-see, or just hang out. (Rafting or mtn biking are extra cost) Breakfast included, other meals are at your expense.

Day 12 Depart Cuzco, breakfast and airport transfer.

Package Includes:

A. Your One Moon Trip Leader- travels with group, making sure your trip is enjoyable and worry-free for the entire vacation.

B. 5-Day Trek-

1. Private bus from Cuzco to Mollepata. We pick you up from your hotel.
2. Professional bilingual Peruvian guide (with license).
3. Entrance fee to the Inca Trail Park and to Machu Picchu (two days).
4. Cook and assistant.
5. Meals while on the trek as noted
6. Ample two person tents (4-season tent, brands - REI and the North Face).
7. Tent for dining, sleeping pad
8. Camping stools, camping tables, dishes and utensils
9. Porters for carrying the luggage (camping equipment, food and cooking gear)
10. Personal Porters for carrying your personal belongings (you only carry a personal day pack with your day things-rain gear, binoculars, sunscreen, water, etc.) Important- Porters can only carry up to 7 kilos (15 lbs.) of your personal gear.
11. Scenic comfortable train from Aguas Calientes to Cuzco.
- 12 Bus from Machu Picchu to Aguas Calientes, two days.
13. Treated water each day
14. First- Aid- Kit, Oxygen.
15. Pack animals for first part of trek.

C. Sacred Valley Tour- Private van and professional, bilingual, Peruvian guide, private van

D. Cuzco Tour- Half day. Professional, bilingual Peruvian guide

E. All hotels -only nice, clean unique accommodations, private bathrooms. Occupancy one to four persons per room, usually two.

F. Single rooms and tents available, at additional cost.

G. Airports transfers- on Day 1 and Day 12

H. Hotels usually provide a continental breakfast.

Package does not include:

Airfare

Sleeping bag. Bring your own. This is part of the gear that the porters will carry for you.

Tips for porters, cooks, and guides. Your trip leader will guide you on when and how much to give.

Meals outside of trek.

Cab fares on your free days

Other incidentals not mentioned.

Cost for August 1st 2008: \$1750 per person, all meals inclusive, or \$1500 and some restaurant meals not included, ("meals outside of trek" not included as stated above)

Discounts available.

University of Colorado Hospital employees-contact Jonathan

http:// www.onemoon.us One Moon Adventure Company, Golden Co, 1-888-258-7948

